

完成預先醫療指示的十大好處

為你的家庭減少不必要的痛苦及矛盾

1

你的健康護理專注在
你本人身上

6

你能夠和你的醫生輕鬆
討論你的醫療意願

2

關於你醫療決定的意願
將得到尊重

7

你將無需在醫院或護理院
浪費不必要的時間

3

你所愛的人將**無需**作出
不屬於你的醫療決定

8

在失去能做決定的心智前，
你可以計劃如何渡過一生

4

你的配偶**無需**擔心
法律及財務問題

9

你可根據你的預期壽命及
生活質量提前進行規劃

5

如果你的家人知道你的
意願，將大大減少他們的
憂慮

10

如果有意外緊急狀況發生，
你的預先醫療指示能減少
你及家人的壓力

今日起預約你的免費
預先醫療指示服務

致電 (415) 533-6440 或 (415) 677-7585



Self-Help for
the Elderly
安老自助處



掃描二維碼進行
網上預約

10 Benefits of Completing an Advance Care Directive (ACD)

Reduce unnecessary suffering and conflict for your family

1

Your health care focuses on **YOU**

2

Your wishes about your medical decisions are always **honored**

3

Your loved ones **won't** have to **make** medical **choices that aren't yours**

4

Your spouse **won't have to worry** about legal or financial matters

5

Your family will be able to **worry less** if they know your wishes

6

You and your doctor will be able to discuss your health wishes **at ease**

7

You **won't spend unnecessary time** in the hospital or nursing home

8

You can plan **how you want to spend your life** before losing the mental capacity to make decisions

9

You can **plan in advance** based on your life expectancy or quality of life you desire

10

If an unexpected emergency happens, your ACD **reduces stress** for you and your family

Book a call today for your free ACD service

Call (415) 533-6440 or (415) 677-7585



Scan the QR Code to book a call online